



Rebuilding this community  
begins with families.

Louisiana Spirit Helpline  
**800-273-TALK**  
800-273-8255

We can put parents in touch with professionally trained counselors who understand the importance of restoring hope to children in despair. You're rebuilding you—and your family. We'd like to help. [LouisianaSpirit.org](http://LouisianaSpirit.org)

A public service of the Louisiana Department of Health and Hospitals.